

## Welcome to the PGY-1 Psychiatry Residents!!

*We are pleased to welcome our new interns for the year of 2014-2015! We are proud to announce that the Loyola Psychiatry Residency program has expanded to a class size of six new interns this year. We look forward to working with them throughout the next four years.*



*Abraham Ghattas, DO*

Hi everyone, my name is Abraham Ghattas. I was born in Khartoum, Sudan and then lived briefly in Southern California for 5 years, and then moved to Indiana where I was raised and attended college. I attended Purdue University where I received my degree in Behavioral Neuroscience. After college, I worked for a year as an autistic caretaker for children with autism and developmental disabilities, I then went to medical school at the Philadelphia College of Osteopathic Medicine. I'm excited to be back in the Midwest, and Loyola is a place with great people, great academics, and Chicago is a ton of fun! I love traveling, going out with friends, reading random stuff on Wikipedia, philosophy, and am an avid Pacers and Colts fan! My interests in psychiatry are in pain management, sleep medicine, and psychosomatic medicine. I hope one day to go to Hollywood, and replace Dr. Drew with my own TV show! I'm excited for what's to come!



*Manpuneet Samra, MD*

Hi! My name is Puneet Samra and I was born and raised in California (so this winter will definitely be a reality check for me!) I went to UC Berkeley for undergrad, and graduated with a degree in Social Welfare, which is what actually got me interested in Psychiatry. I then went to St. George's University for medical school. I've definitely been enjoying my time here, and look forward to everything else Chicago has to offer over the next four years. One of the best things about Loyola is that it allows me to maintain a balance between work and home, and to be able to enjoy things outside of work, such as spending time with family/friends, working out, cooking, watching TV, and of course, shopping!



*Rachel Ramaswamy, DO*

Hi! I'm Rachel. I'm originally from northern Michigan and went to undergrad at the University of Michigan and med school at Michigan State. I spent some time in Washington DC and then in Philadelphia doing AmeriCorps and working at a women's clinic before starting med school. I thought I would go back to the Philadelphia area for residency, but then I ended up really loving the program at Loyola. Even though I'm not on the east coast where my three siblings are, I'm really happy to be in the Chicago area and to be at Loyola which has definitely lived up to my expectations. I'm particularly glad to have matched where everyone is so nice and eager to work as a team. In my spare time, I love doing yoga, reading novels and cooking spicy food.



*Layna Glenn, MD*

Hello everyone. Loyola is very familiar to me as I was born and raised in Maywood, IL. I attended Hampton University in southern Virginia, with the intention of later going to medical school and I majored in biology. Directly after I graduated, I became a medical student at Boston University School of Medicine. After so many years on the East coast, it seemed like a good time to return home for residency and be closer to my family, many of whom live in the Chicago area. I truly enjoy breaking a sweat exercising and I've been a Bulls fan my entire life, of course! I'm so thankful for Loyola and this wonderful and exciting opportunity to become a psychiatrist and I am looking forward to a great residency!



*Jack Owens, MD*

I was born and raised in the Atlanta area. In undergrad I studied chemistry and worked in a lab for a private manufacturing firm for a year before I went overseas and then moved to Chicago to complete medical school. I love living in Chicago (even in the winter) and was thrilled to learn I would be staying for at least four more here at Loyola. I enjoy the variety and considerable diversity of patients that we have here, and feel like we have a good team of residents and attendings. In my spare time I enjoy traveling, playing tennis, finding new restaurants with my friends, and I am an avid history buff.

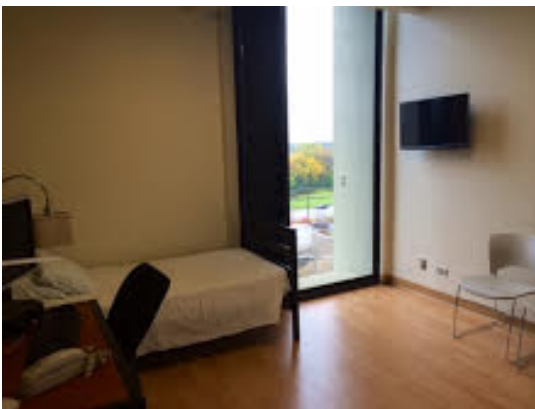
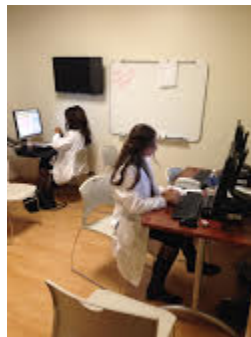


*Amrita Mankani, MD*

Hi! My name is Amrita Mankani, and I was born and raised with my two brothers in suburban Michigan. My undergrad degree is in Human Biology and Bioethics from Michigan State University, I also attended medical school at Michigan State and fell in love with Psychiatry during the final months of my third year. I was so excited to match at Loyola, and I love the program and Chicago so far!! In my spare time I love hanging out with friends and family, and watching Spartan football and basketball (Go Green!!) as well as the Chicago Bears. I am thrilled to be here and I look forward to continuing to learn and grow with my fellow interns.

## Call Room Renovation

Call room renovations are complete! The new renovations included full overhaul of existing carpets, furniture, wall paint, lighting, computers, printers, lockers, sinks and many more items! Psychiatry now has an exclusive conference room next to the existing call room for our awesome psych consult-liaison service to round and write notes. There is a separate cafe w/ vending machines, fridges and places to eat. On the same floor there is also a workroom with tons of computers and printer/faxes etc. Last but not least, there is a renovated and updated lounge area w/ TV and comfortable sofas.



## Resident Research Projects

*Rekha Bandla, DO - PGY 4*

1. Academy of Psychosomatic Medicine Annual Conference Nov 12-15, 2014. "Beyond Words: A Functional Medicine Approach in the Integrated Care of a Child with Intellectual Impairment" in Ft. Lauderdale.
2. St. Albert's Day, October 2013 "Connecting the Dots" - a case of Shy-Drager Syndrome (MSA-C)."

*Jawad Pervez, DO - PGY 4*

1. Gabapentin and its efficacy in ETOH withdrawal
2. Delirium prevention with melatonin VEGF inflammation biomarker and its relationship to other neurotrophins and inflammatory biomarkers

*Kim Sanders, MD - PGY 4*

1. Unwanted sexual attention towards physicians
2. Cortisol in Bipolar Depression

*Sean Weldon, DO - PGY 4*

1. Bipolar Depression Study

*Erin Sutton, MD - PGY 3*

1. Quality Improvement Project: A Retrospective Cohort Study of Treatment and Non-treatment of Delirium in Postoperative Pediatric Patients and Duration of Hospital Stay
2. A Case Study: Hypothermia in Toxic Epidermal Necrolysis (TEN) Pediatric Patient treated with Lamotrigine and Lurasidone combination therapy

*Prash Tamragouri, MD - PGY 3*

1. Bipolar Depression Study

*Nitin Thapar, DO - PGY 2*

1. Teaching Bedside Manner to Psychosomatic Clerkship Students: Review of Literature

*Marie Lord, DO - PGY 2*

1. Publication: Balayan K, Kahloon M, Tobia G, Postolova A, Peek H, Akopyan A, Lord M, Brownstein A, Aziz A, Nwabueze U, Blackmon B, Steiner A, Lopez E, IsHak WW. The Impact of Posttraumatic Stress Disorder on the Quality of Life. *International Neuropsychiatric Disease Journal* 2014; 2(5): 214-233.
2. Publication: Peselow ED, Karamians R, Lord M, Tobia G, IsHak WW: The Discrepancy between Patients and Informants on Clinician-Rated Measures in Major Depressive Disorder: Implications for Clinical Trials and Clinical Practice. *International Clinical Psychopharmacology* (in press).
3. Case Report: Nimodipine Use in Rapid Cycling Bipolar Disorder

## Upcoming Grand Rounds

10/23 Dr. Edwin Meresh  
"Gabapentin for Alcohol Withdrawal"

10/30 Dr. Scott Hunter  
"Psychiatric Research in Homeless Youth"

11/6 Dr. Mary Langley  
"Women's Mental Health"

11/20 Dr. Ralph Orland  
"Physician's Mental Health"

12/11 Dr. Michael Collins  
"Neuroprotective factors of fish oil"

1/8 Dr. Daniel Yohanna  
"Physicians for a National Health Program"

1/29 Dr. Kevin Embach  
"Resident Well-being"