

## IMPORTANT FORMULARY UPDATES

### At Loyola

As of November 1, 2014, sublingual buprenorphine with naloxone (Suboxone®) will be available on formulary for use with approval from Psychiatry or Toxicology services.

Consult-liaison service director Dr Edwin Meresh will be providing an in-service session on Friday, November 7 in Stritch School of Medicine Room 360 on hospital policy regarding both Suboxone® and methadone.

### At Hines

Escitalopram (Lexapro®) tabs are now available in the national VA formulary for both inpatient and outpatient use.

Short-acting olanzapine (Zyprexa®) injections have been blinded for both inpatient and outpatient use. It remains on formulary but can now only be ordered from the Inpatient Atypical Antipsychotics menu.

## RESIDENT UPDATES

**ERIN SUTTON, PGY-3, RECENTLY HAD A BABY. NITIN THAPAR, PGY-2, AND CHRISTINE FIGIEL, PGY-2, HAVE BOTH GOTTEN ENGAGED OVER THE PAST YEAR. CONGRATULATIONS TO ALL THREE OF THEM!**



## Department of Psychiatry and Behavioral Neurosciences

Residency Newsletter

VOLUME 1 ISSUE 6 NOVEMBER 2014

## Loyola Psychiatry Residency Program Maintains Membership in the APA 100% Club



## Important Dates

### INTERVIEW DATES

- **NOVEMBER 6, 13, 20**
- **DECEMBER 11, 18**
- **JANUARY 8**
- **GRAND ROUNDS SERIES  
WEDNESDAYS AT NOON  
IN STRITCH SCHOOL OF  
MEDICINE**

## Inside

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The Loyola University Medical Center Psychiatry Program has maintained its membership in the APA's Prestigious 100% club for the second year. This award is indicative of the residency program's high level of dedication to the field of psychiatry and to the continuing education of all residents and faculty members involved. Congratulations to everyone involved!

## “The Chair’s Spin” or “The Spinning Chair”?



Welcome and thank you for your interest in our Resident Newsletter:

In this issue I would like to update you on the following:

1. I want to congratulate all of our residents and our Residency Program Director for the following reason. Our Residency Training Program has maintained membership in the 100% Club of the APA. This club was established to encourage residents throughout the United States and Canada to join APA and to do so with other trainees in their programs.
2. Psychiatry, as a field, is facing a shortage of specialists, with the increasing “Mental Health Gap” between the burden of mental health and substance misuse. While the recruitment to psychiatry is insufficient to meet projected mental health service needs world-wide, our residency program has now grown to accommodate six new residents every year and our educational program now includes courses and rotations for our medical students, fellowships in Addiction Medicine, Geriatric Psychiatry and specialty tracks available in primary psychiatry, women’s mental health, and internship and fellowship programs in Psychology. We can now proudly say that Loyola is among the largest and most highly-qualified facilities in Chicago, in combination with Hines VA and Madden Mental Health, adding substance and recognition to our residency training program.
3. “Milestones” is in full effect with a well-established set of specific knowledge domains, skills, and behaviors that describe that specialty’s expected development trajectory. This will surely help our program train residents more efficiently and brings much improved clarity to our residents regarding what is expected of them towards becoming more competent in their chosen field.
4. Starting in 2015, we are planning to support our residents in attending at least one national psychiatric conference during their residency training. Research is an integral part of the training and the department is committed to developing research initiatives.

With my best wishes for the upcoming year!

Murali Rao, MD., FAPM., DFAPA.

## Changes to the Faculty and Staff of the Psychiatry Department

*Hello and Goodbyes to the Loyola/Hines Psychiatry Department:*



### Loyola Additions

We would like to welcome back Mary Lou Gutierrez, MD to the department, as she rejoined our department in child psychiatry in September of this year!

We would also like to welcome Evan Deranja, MD, PhD! Dr. Deranja completed his residency in 2009 at SUNY Upstate Medical University in Adult Psychiatry.



# LOYOLA MEDICINE

*Loyola University Chicago  
Stritch School of Medicine*



### Hines Additions

On the Hines side, we would like to welcome Kathleen O’Donnell, Ph.D., who will be working as a psychologist starting in November!

### Goodbyes

We would like to say goodbye and thank you to Christopher Holden, MD, who left our department at the end of July. Dr. Holden’s research and clinical contributions to the department will be greatly missed!